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ABSTRACT

Items in this annotated bibliography deal with the mental health of adolescents and include materials for adolescents, parents, health educators, and health professionals. Resources cited include 11 videotapes and 64 publications dealing with the following topics: (1) teenage suicide; (2) mental illness in the family; (3) coping; (4) teenage depression; (5) mental wellness; (6) stress reduction; (7) guidelines for parents; (8) emotional development of African American children; (9) adolescent health care; (10) psychosocial issues in adolescents; (11) counseling children and adolescents; (12) culturally competent care; (13) helping gay and lesbian youth; (14) financing mental health services for children and adolescents; (15) developing self-confidence; (16) nutrition; (17) eating disorders; (18) substance abuse; (19) affective disorder; (20) adolescent medicine; (21) alcohol; (22) treatment issues with Hispanic children; (23) preventative health services for adolescents; and (24) classification and diagnoses of child and adolescent mental health problems. (CR)

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Adolescent Mental Health
Selected Materials from the NCEMCH Reference Collection
April 1997

Items in thisbibliography deal with the mental health of adolescents, and include materials for adolescents, parents, health educators and health professionals. Items may be obtained from the sources cited. Contact information was current at the time the item was added to the NCEMCH reference collection.

After the tears: Teens talk about mental illness in their families Pleasantville, NY: Human Relations Media. 1 Videotape, 20 minutes, VHS 1/2 inch.
Contact: Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $179.00 plus 5 percent shipping and handling.

This videotape presents stories from adolescents who have a mentally ill relative. They talk about how it affects their lives and their range of feelings from anger, guilt, fear, resentment, and confusion. The discussion is led by two expert on mental illness, S. Charles Schulz, MD, of the National Institute of Mental Health, and Tom Sheridan, PhD, a psychologist at Allegheny General Hospital in Pittsburgh, PA.

David's story: A teen suicide Pleasantville, NY: Sunburst Communications, 1991. 1 Videotape, 28 minutes, VHS 1/2 inch.
Contact: Sunburst Communications, 39 Washington Avenue, P.O. Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $189.00 plus 6 percent shipping and handling.

This videotape present an in-depth study of one adolescent's suicide to help students recognize the critical warning signals of suicidal behavior. The story is about David, a seventeen-year-old who commits suicide. Now, his mother, brother, his best friend, and girlfriend are trying to figure out why they failed to see this act coming. The learning objectives include: familiarize adolescents with the critical warning signs of suicidal behavior, encourage young people troubled by suicidal thoughts to seek help, and explore some of the reasons and myths about suicide.

Families in trouble: Learning to cope Pleasantville, NY: Sunburst Communications, 1990. 1 Videotape, 35 minutes, VHS 1/2 inch.
Contact: Sunburst Communications, 39 Washington Avenue, P.O. Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $199.00 plus 6 percent shipping and handling.

This videotape helps adolescents struggling with a family in trouble understand that they are not at fault for someone else's problems. It tells the stories of three young people who experience the coping process by dealing with the crises they face at home—sibling alcoholism, divorce, and child abuse. It also helps adolescents understand family dynamics and the important of family roles. The learning objectives include: illustrating a step-by-step process for use in a crisis situation; demonstrating the importance of identifying and acknowledging one's feelings; encourage young people to talk about their problems; explaining the importance of family roles; and identifying possible community resource.

Fighting back: Teenage depression Pleasantville, NY: Sunburst Communications, 1991. 1 Videotape, 44 minutes, VHS 1/2 inch.
Contact: Sunburst Communications, 39 Washington Avenue, P.O.Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $199.00 plus 6 percent shipping and handling.

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This videotape was designed to help adolescents understand the causes and symptoms of depression while focusing their attention on the many sources of help within the community. The videotape is a first person account of three high school students who suffered from depression to varying degrees. It discusses how the symptoms as well as the severity of depression can vary from one individual to the next. The learning objectives include: providing information on the symptoms, causes, and consequences of depression; demonstrating the difference between a less serious situational depression and a chronic, clinical neurotic depression; encouraging adolescents to seek outside help for chronic depression and suggesting possible sources of help; and helping students see that it is possible to make positive change in their lives through a variety of active methods.

Mental wellness: Making it happenPleasantville, NY: Human Relations Media, 1988. 1 Videotape, 20 minutes, VHS 1/2 inch.
Contact: Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $149.00 plus 5 percent shipping and handling.

This videotape presents the major components of mental wellness in adolescents—self esteem, competence, responsibility, enjoyment of life, and the ability to balance their lives and be flexible. It present information on emotional health, methods to enhance self esteem, and coping skills. It also provides step-by-step exercises for assessing mental health, establishing goals for improvement, and starting new behavior patterns for optimizing mental health.

Stress reduction strategies that really work!Pleasantville, NY: Human Relations Media, 1990. 1 Videotape, 30 minutes, VHS 1/2 inch.
Contact: Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $189.00 plus 5 percent shipping and handling.

This videotape present information on how people react to stress (positive and negative) and detail step-by-step techniques techniques in reducing or eliminating stress symptoms. It demonstrates that each individual has their own coping style and ways of dealing with various types of stressors.

Teen-parent conflict: Making things betterPleasantville, NY: Sunburst Communications, 1988. 1 Videotape, 29 minutes, VHS 1/2 inch.
Contact: Sunburst Communications, 39 Washington Avenue, P.O.Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $189.00 plus 6 percent shipping and handling.

This videotape helps adolescents understand the nature of adolescent-parent conflict and offers specific techniques for dealing with it. It discusses negotiation as a technique for resolving conflict, and models how conflict can be resolved through a series of negotiating steps. The learning objectives include: describing different kinds of messages; showing the benefit of sharing problems in a group setting; demonstrating techniques for working out a negotiation, examining the role trust plays in issues between parents and adolescents; and using role-playing as a way to look at and practice behavioral changes.

Teenage crises: The fateful choicesPleasantville, NY: Human Relations Media. 1 Videotape, 28 minutes, VHS 1/2 inch.
Contact: Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $189.00 plus 5 percent shipping and handling.

This documentary videotape addresses many of problems encountered by adolescents including addiction, violence, pregnancy, AIDS, and depression and suicide. It discusses the importance of finding positive role models, setting goals, and defining a sense of purpose. Stories from a former gang member, an adolescent mother, a former substance abuser turned Olympic champion, and a young convict reveal how their difficulties began and trace the events that enable them to begin turning their lives around.

Teenagers, Stress, and How to CopePleasantville, NY: Sunburst Communications, 1992. 1 Videotape, 35 minutes, VHS 1/2 inch.

Contact: Sunburst Communications, 39 Washington Avenue, P.O. Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $199.00 plus 6 percent shipping and handling.

This videotape focuses on a three-step technique for dealing with stress based on the portrayed stories of three adolescents with stress-related problems. It tells the stories of three young people and the stress they face—inability to say no to doing favors for others, failing to meet parent's high standards, and insecurity about attractiveness to the opposite sex. The learning objectives include: helping adolescents understand that stress is an unavoidable but manageable part of everyday life; identifying common causes of stress for adolescents; showing positive and negative sources of stress; identifying symptoms of stress; demonstrating how stress can come from inside ourselves; and helping adolescents learn constructive stress management strategies.

What can I do when I feel bad? Pleasantville, NY: Human Relations Media, 1989. 1 Videotape, 30 minutes, VHS 1/2 inch.
Contact: Human Relations Media, 175 Tompkins Avenue, Pleasantville, NY 10570. Telephone: (800) 431-2050 (914) 769-7496. $169.00 plus 5 percent shipping and handling.

This videotape explores adolescents' feelings of low self-esteem. It provides a variety of concrete strategies for coping with problems for developing a more positive approach to life. The videotape includes two stories: (1) Laurie's boyfriend walked out on her and she feels down on him, down on herself, and down on life. Her friends and an engaging narrator coach her on a variety of techniques for avoiding those feelings. (2) Richie smokes pot when he feels down, but lately it hasn't been helping much. His friends help him learn some new techniques for getting high the natural way—through exercise, relaxation techniques, and meditation.

When things get tough: Teens cope with crisis Pleasantville, NY: Sunburst Communications, 1989. 1 Videotape, 38 minutes, VHS 1/2 inch.
Contact: Sunburst Communications, 39 Washington Avenue, P.O. Box 40, Pleasantville, NY 10570-9904. Telephone: (800) 431-1934. $199.00 plus 6 percent shipping and handling.

This videotape was designed for adolescents to teach a simple and effective technique for coping with crises. The goals are to provide adolescents with a set of skills for coping with the upsets and disappointments that often occur in life; and to give adolescents a confidence that they have the ability to take charge of, and direct, the course of their lives.

American Academy of Child and Adolescent Psychiatry. ***Facts for families*** Washington, DC: American Academy of Child and Adolescent Psychiatry, 1992. 43 pp.
Contact: Public Information, American Academy of Child and Adolescent Psychiatry, 3615 Wisconsin Ave., N.W., Washington, DC 20016. Telephone: (202) 966-7300 Fax (202) 966-2891. $15.00 plus $3.00 for shipping and handling per set of 45 fact sheets.

This folder contains 43 fact sheets on a variety of issues in child and adolescent psychiatry. Topics include children and divorce; adolescents with eating disorders; adolescents, alcohol, and other drugs; the depressed child; child abuse; children who can't pay attention; children who won't go to school; children and grief; child sexual abuse; adolescent suicide; the autistic child; children who steal; children and TV violence; children and family moves; the adopted child; learning disabilities; children of alcoholics; bed wetting; the child with a long term illness; making child care a good experience; psychiatric medication for children; normality; children who are mentally retarded; being prepared; stepfamily problems; responding to child sexual abuse; children's major psychiatric disorders; children, adolescents and HIV/AIDS; when children have children; questions to ask before psychiatric treatment of children and adolescents; conduct disorders; children's sleep problems; tic disorders; helping children after a disaster; children and firearms; manic-depressive illness in adolescents; children of parents with mental illness; the influence of music and rock videos; making decisions about substance abuse treatment; the continuum of care; and discipline. These fact sheets are designed to be photocopied and widely distributed.

American Academy of Pediatrics. ***Guidelines for parents—Surviving: Coping with adolescent depression and suicide.*** Elk Grove Village, IL: American Academy of Pediatrics, 1990. 1 pp. (Teen Health Brochures)
Contact: Publications Department, American Academy of Pediatrics, 141 Northwest Point Boulevard., P.O. Box 927, Elk Grove Village, IL 60009-0927. Telephone: (800) 433-9016 Fax 708-228-1281. $15.00 per 100 copies (members) or $20.00 (nonmembers): minimum order 100 copies.

This brochure describes information for parents to better understand the cause of adolescent suicide. It provides warning signs and guidelines for parents and friends to help a depressed adolescent. Additional national organizations are listed for referral.

American Public Welfare Association, and National Association of State Mental Health Program Directors. ***Child welfare, children's mental health, and families: A partnership for action*** [Washington, DC: American Public Welfare Association; Alexandria, VA: National Association of State Mental Health Program Directors], 1994. 30 pp.
Contact: Research and Training Center for Children's Mental Health, Florida Mental Health Institute, University of South Florida, 13301 Bruce B. Downs Boulevard, Tampa, FL 33612-3899. Telephone: (813) 974-6130 / Fax (813) 974-4406. Available at no charge. Paper no. 823.

This report presents guidelines that state and local practitioners in mental health and child welfare systems can use to foster cooperative efforts to serve children, adolescents, and their families. It identifies the shared values and principles of the two disciplines, and it outlines techniques to develop and enhance partnerships between them. It discusses core practices, describes programmatic areas requiring joint action, and indicates future steps for the two associations that prepared this report. It concludes by reinforcing the call for cooperative efforts at the state and local levels by outlining various steps practitioners at those levels can take to start a dialog with each other.

Barbarin, O. A. (Ed.). ***Emotional development of African American children.*** Journal of Black Psychology. 19(4): 381-504. November 1993.
Contact: Sage Publications, P.O. Box 5084, Thousand Oaks, CA 91359. Telephone: (805) 499-0721 / Fax (805) 499-0871. $14.00 plus $2.00 shipping and handling. Order no. 302080.

This special issue contains articles written by individual authors or groups of authors who focus on various issues related to treating the emotional development of African American children and adolescents. Following an introduction to the scope of the problem, the articles focus on the following topics: culture and social outcomes among inner-city children; self-esteem, cultural identify, and psychosocial adjustment; behavioral, emotional, and academic adjustment relating to age, gender, and family structure; clinical issues relating to the diagnosis of patients using the "Diagnostic and Statistical Manual of Mental Disorders," 3rd edition; the social context of adolescent childbearing; coping and resilience among African American children, and understanding black adolescent male violence.

Benjamin, M. P. ***Child and Adolescent Service System Program minority initiative research monograph.*** Washington, DC: Child and Adolescent Service System Program Technical Assistance Center, Georgetown University Child Development Center, 1993. 106 pp.
Contact: Mary Deacon, CASPP Technical Assistance Center, Georgetown University Child Development Center, 3800 Reservoir Road, N.W., Washington, DC 20007. Telephone: (202) 338-1831. $7.00 includes shipping and handling; prepayment required.

This monograph describes areas that the Child and Adolescent Service System Program (CASPP) feels need attention as researchers design and develop studies of ethnic minority children, adolescents, and their families. The monograph describes the activities of CASPP and its advocacy of designing research projects that will result in culturally appropriate mental-health delivery systems to provide community-based services. The monograph focuses on the need of such projects, reviews design methodology, highlights developing innovative research techniques, discusses bicultural identity development, examines characteristics germane to ethnic or minority families, and considers developing a minority-oriented research network. Appendices include documents describing CASPP and its activities.

Benson, P. L. ***The troubled journey: A portrait of 6th-12th grade youth*** Minneapolis, MN: Search Institute, 1990. 92 pp.
Contact: Search Institute, 700 South Third Street, Suite 210, Minneapolis, MN 55415. Telephone: (800) 888-7828 (612) 376-8955 Fax (612) 376-8956. $4.00. Also available from Lutheran Brotherhood, 625 4th Avenue South, Box 855, Minneapolis, MN 55415 (800) 888-3820.

This report contains baseline data collected from over 46,000 students, grades 6th through 12th, who completed a 152-item survey. The sample includes students who attended public schools in 111 communities from 25 states and is comprised mainly of students living in the Midwest in areas with populations under 100,000. The report identifies 20 behaviors that put adolescents at risk, such as frequent alcohol use, depression, vandalism, weapon use, and drinking and driving. The document discusses these behaviors in relation to the adolescent's family, school, and personal situation. The report was prepared by the Search Institute for Lutheran Brotherhood and its RespecTeen program which assists communities in developing comprehensive and coordinated strategies to promote youth welfare. This school-based needs assessment is available free of charge to public or private schools from RespecTeen.

Berman, A. L., and Jobes, D. A. ***Adolescent suicide: Assessment and intervention*** Washington, DC: American Psychological Association, 1991. 277 pp.
Contact: Order Department, American Psychological Association, P.O. Box 2710, Hyattsville, MD 20784-0710. Telephone: (202) 336-5500. $17.50 plus $3.50 shipping and handling. Make checks payable to American Psychological Association.

This book provides comprehensive information on the treatment and prevention of adolescent suicide. Chapters focus on the epidemiology of teen suicide, suicide ideation, risk factors, early detection, therapeutic issues, and prevention. The final chapter includes a model school suicide prevention plan that incorporates the ten recommendations of the Centers for Disease Control for anticipating adolescent suicide clusters.

Blum, R. W. (Ed.). ***Adolescent health care*** Psychiatric Annals. 17(12): 773-823. December 1987.

This special journal issue focuses on various facets of psychiatric adolescent health care. Articles include Adolescent Medicine and Psychiatry, Adolescent Psychiatric Disorders in the Medical Setting, Family Coping with Trauma in Adolescents, Resiliency among Physically Disabled Adolescents, Approach to the Pregnant Adolescent, Diet and Adolescent Behavior, and Juvenile Status Offenders' Perceptions of Life Change Events.

Brown, R. T., and Cromer, B. A. (Eds.). ***Psychosocial issues in adolescents*** Philadelphia, PA: Hanley and Belfus, 1992. 164 pp. (Adolescent medicine: State of the art reviews; volume 3, number 1)
Contact: Hanley and Belfus, 210 South 13th Street, Philadelphia, PA 19107. Telephone: (800) 962-1892 (215) 546-7293. $63 for yearly subscription to three issues in the series.

This book was written for health care professionals to help clarify psychosocial issues for adolescents in pragmatic and useful terms. The topics discussed include adolescent psychosocial and cognitive development, the adolescent-parent-physician encounter, the roles of psychiatry and psychometrics, violence, psychoses, suicide, depression, stress, attention deficit hyperactivity disorder, psychosomatic problems, and conduct disorder.

California Commission on the Status of Women. ***Adolescent mental health: Summary and recommended action proposals*** Sacramento, CA: California Commission on the Status of Women, 1994. 234 pp.
Contact: California Commission on the Status of Women, 1303 J Street, Suite 400, Sacramento, CA 95814-2900. Telephone: (916) 445-3173. Available at no charge.

This report provides a compilation of testimony at two hearings on adolescent mental health held by the commission in 1993, additional information provided by noted authorities in the field of adolescent

medicine and mental health, and recommendations for action. Topics include an overview of women's mental health, depressing and anxiety disorders, eating disorders, emotional effects of physical and sexual abuse, self esteem, teen pregnancies, homelessness and runaway kids, substance abuse. Appendices include examples of programs that work, resource lists, and a bibliography.

Cantor, P. ***Young people in crisis: How you can help: A guide for school administrators, faculty, parents, counselors, clergy, health professionals, social workers, friends*** Staten Island, NY: National Committee on Youth Suicide Prevention, 1987. 12 pp.
Contact: National Committee on Youth Suicide Prevention, 22 Florida Avenue, Staten Island, NY 10305. Telephone: (718) 720-4488. $1.25; bulk quantities available.

This pamphlet is a guide for school teachers and administrators, health care professionals, and others interested in adolescent suicide prevention. It contains information on suicide warning signs, symptoms of depression, and tips for identifying adolescents at high risk of suicide. The guide provides suggestions for suicide intervention, recommendations for school personnel aware of a suicide attempt, and actions steps for school personnel and communities after a completed suicide.

Christner, A. M. (Ed.). ***Reference guide to counseling children and adolescents*** Providence, RI: Manisses Communications Group, 1991-. 262 pp., plus semi-annual updates.
Contact: Manisses Communications Group, P.O. Box 3357, Providence, RI 02906-0757. Telephone: (800) 333-7771. $127.50.

This guide pulls together news and trends and research findings from four Brown University newsletters in a handy reference for those who help children and their families. Articles suitable for photocopying for clients are included, and the guide is updated twice a year. Topics covered include families, social and physical environment, developmental variations, behavioral problems, school difficulties, sexuality, physical and mental handicaps, mental health, eating disorders, adolescent risk-taking behavior, drugs and alcohol, divorce, trauma, and child abuse.

Cole, Jr., R. W. (Ed.). ***Adolescent suicide*** Bloomington, IN: Phi Delta Kappa, 1988. 251 pp. (Hot topics series)
Contact: Phi Delta Kappa, P.O. Box 789, Bloomington, IN 47402-0789. Telephone: (800) 766-1156 (812) 339-1156 Fax (812) 339-0018. $25.00 plus $3.00 shipping and handling; prepayment or purchase order required.

This monograph contains articles on various aspects of adolescent suicide. The articles in chapter 1 provide an overview of the problem of adolescent suicide, examining profiles of suicide attempters and completers, suicide myths, and aspects of suicide prevention. The research summarized in chapter 2 examines the concept of sex differences in adolescents' attitudes toward suicide and their responses to peers who contemplate suicide. Chapters 3 and 4 give many examples of ways for educators to play a crucial role in reducing adolescents' sense of isolation. Chapter 5 examines special cases, such as suicidal behavior among 'normal' high school students, and adolescent suicide clusters after exposure to television news stories.

Comerci, G. D., and Daniel, W. A., Jr. (Eds.). ***Parenting the adolescent: Practitioner concerns*** Philadelphia, PA: Hanley and Belfus, 1991. 189 pp. (Adolescent Medicine: State of the Art Reviews; volume 2, number 2)
Contact: Hanley and Belfus, 210 South 13th Street, Philadelphia, PA 19107. Telephone: (800) 962-1892 (215) 546-7293.

This volume was written to assist health care professionals counsel the parents of adolescents. Topics discussed include principles of office counseling; office evaluation and management of family dysfunction; single parenting; parenting the —substance abusing, suicidal or depressed, chronically ill, pregnant, or sexually abuse—adolescent; management of adolescents with eating disorders; office settings for adolescent care, obstacles to adolescent care in general practice; incorporating adolescent gynecology; overcoming obstacles to care—ethical, economic, and legal issues.

Connecticut Department of Health Services. ***Connecticut health check: A computerized health risk appraisal for youth*** Hartford, CT: Connecticut Department of Health Services, 1989. 3 items.
Contact: Mary L. Adams, M.S., Research Analyst, Office of Health Education, Center for Health Communication, Connecticut Department of Health Services, 150 Washington Street, Hartford, CT 06106. Telephone: (203) 566-7867. Available at no cost.

This survey allows educators to profile students potentially at risk. Specific versions of the survey are available for students in grades 4–6, junior high, and high school. The survey includes questions on diet, weight, exercise, AIDS, sexual attitudes, stress, suicidal thoughts, and the use of alcohol, tobacco, illegal drugs, and seat belts. Each student receives an individualized computer report which highlights risk areas and offers suggestions for improvement. If considered at potential risk, the student is referred to a specialist within their school. Schools have used the results from the health risk appraisal as a basis for classroom discussion, to justify the need for health education and/or school-based clinics, to follow high-risk students, and to modify curricula.

Cross, T. L., Bazron, B. J., Dennis, K. W., and Issacs, M. R. ***Towards a culturally competent system of care: A monograph on effective services for minority children who are severely emotionally disturbed*** Washington, DC: Georgetown University Child Development Center, 1989. 75 pp.
Contact: Mary Deacon, CASSP Technical Assistance Center, Georgetown University Child Development Center, 3800 Reservoir Road, N.W., Washington, DC 20007. Telephone: (202) 687-8635. $8.00; make check payable to Georgetown University Child Development Center.

This monograph focuses on effective services for minority children who are severely emotionally disturbed but the concepts can be utilized by any discipline, service system, or program. The publication provides a definition of and theoretical framework for cultural competence, describes elements that contribute an ability to become more culturally competent, and provides practical ideas for improving service delivery. The monograph was developed by a subcommittee of the Minority Initiative Resource Committee of the Child and Adolescent Service System Program (CASSP) in order to assist states and communities in addressing one of the primary goals of CASSP—appropriateness of care. CASSP, funded by the National Institute of Mental Health, is an initiative to improve service delivery for severely emotionally disturbed children and adolescents by changing the way in which services to this population are delivered by states and communities.

Davis, J., and Sandoval, J. ***Suicidal youth: School-based intervention and prevention*** San Francisco, CA: Jossey-Bass, 1991. 269 pp.
Contact: Jossey-Bass, 350 Sansome Street, San Francisco, CA 94104. Telephone: (415) 433-1740 Fax (415) 433-0499. $27.95 plus $3.00 for shipping and handling if prepaid; if the purchase is invoiced shipping and handling is approximately $5.00.

This book highlights research and clinical practice findings on adolescent suicide. It presents school personnel, specifically psychologists, counselors, and social workers, with resources to approach this growing problem through screening, program development, and case management. Legal and ethical issues are discussed, suggestions for collaboration with outside agencies are given, and materials and references are provided for setting-up suicide awareness school programs.

DeCrescenzo, T. (Ed.). ***Helping gay and lesbian youth: New policies, new programs, new practice*** Binghamton, NY: Harrington Park Press, 1994. 184 pp.
Contact: Harrington Park Press, Haworth Press, 10 Alice Street, Binghamton, NY 13904-1580. Telephone: (800) 342-9678 / Fax (607) 722-6362. $12.95. ISBN 1-56023-057-6.

This book contains a collection of chapters written by individual authors who discuss recent trends in providing social services for gay, bisexual, and lesbian adolescents. The book provides a discussion of the development of gay and lesbian youth, and changes in social services offered by child welfare departments, public schools, law enforcement agencies, and mental health agencies. This book was also released as a special issue of the "Journal of Gay and Lesbian Social Services," volume 1, numbers 3-4, 1994.

Delaware Division of Public Health, Office of Adolescent Health Services. ***Adolescent health clearinghouse materials*** Dover, DE: Delaware Division of Public Health, 1990. 37 pp.
Contact: Mike Schock, Office of Adolescent Health Services, Delaware Division of Public Health, P.O. Box 637, Dover, DE 19903. Telephone: (302) 739-4787. Available at no cost.

This catalog describes materials available for loan from their Adolescent Health Clearinghouse. Various topics include: AIDS, communication skills, depression, drugs, health resources, injuries, interpersonal relationships, nutrition, physical fitness, sexuality, sexually transmitted diseases, stress, and suicide. Materials are available in a variety of media including: videotapes, computer software, curricula, brochures, books, periodicals, films, filmstrips, audiotapes, posters, and slides.

Diekstra, R. F., and Hawton, K. ***Suicide in adolescence*** Boston, MA: Martinus Nujhoff Publishers, 1987. 196 pp.

This book was developed for health care professionals and others in the community interested in preventing suicidal behavior in adolescents, the group in which this behavior is showing the greatest increase. Topics include trends and factors in adolescent suicide, assessment and treatment, the role of the family in suicide (both the impact the family has on suicide by children and adolescents and the impact a child's suicide has on surviving family members), and the possibilities for adolescent suicide prevention. It describes a primary prevention suicide program detailing development, procedures, and evaluation. The prevention program includes improving underlying societal factors, strengthening the coping abilities of adolescents, and adequately preparing health professionals to detect suicidal behaviors.

ELKIND+SWEET Communications. ***Big changes big choices*** San Francisco, CA: Live Wire Video Publishers, 1988. 1videotape, 30 minutes, VHS 1/2 inch (Big Changes Big Choices)
Contact: ETR Associates/Network Publications, P.O. Box 1830, Santa Cruz, CA 95061-1830. Telephone: (800) 321-4407. 12 videotape series 649.50, single videotape $64.95; plus shipping and handling.

Firestone, B. ***Information packet on use of mental health services by children and adolescents*** Rockville, MD: National Institute of Mental Health, U.S. Department of Health and Human Services, ca. 1990. 21 pp.
Contact: Information Resources and Inquiries Branch, Office of Scientific Information, National Institute of Mental Health, Room 15C-05, 5600 Fishers Lane, Rockville, MD 20857. Price unknown. DHHS OM-00-4063.

This packet of materials provides various admissions statistics to outpatient and inpatient psychiatric services for those under age 18. The figures are broken down by sex, age, race, diagnosis at admission, and type of mental health organization for several years between 1970 and 1986. An annotated bibliography of publications that contain information on the use of mental health services by children and adolescents is included.

Fishman, M., and Widem, P. (Eds.). ***The financing of mental health services for children and adolescents: Papers presented at a workshop*** Arlington, VA: National Center for Education in Maternal and Child Health, 1992. 153 pp.
Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 821-8955, Fax (703) 821-2098. Available at no charge. NMCHC inv.code F013.

This proceedings contains the technical papers presented at a workshop cosponsored by the National Institute of Mental Health and the Maternal and Child Health Bureau on February 24-25, 1988, in Bethesda, Maryland. Topics covered include comprehensive health care for children and adolescents; history of financing mental health services; current finance issues including coverage through health maintenance organizations, private insurance, Medicare and special education; diagnosis-related groups and child psychiatry; and assessing national data bases. [MCH SPRANS]

Greydanus, D. E. (Ed.). ***Caring for your adolescent: Ages 12 to 21*** Elk Grove Village, IL: American Academy of Pediatrics, 1991. 326 pp.
Contact: Division of Publications, American Academy of Pediatrics, P.O. Box 927, Elk Grove Village, IL 60009-0927. $19.95 plus $3.95 shipping and handling.

This book is the second in a three volume series developed as a resource and reference guide for parents by the American Academy of Pediatrics and Feeling Fine Programs. Other titles include Caring for your baby and young child: Birth to age 5 and Caring for your school age child: Ages 6 to 11. This book provides scientific information on promoting physical, psychological, sexual, and social growth in adolescents. It also addresses many issues of concern to parents, including: depression and suicide, substance abuse, AIDS and other sexually transmitted diseases, gynecological care, intensive sports training, obesity, eating disorders, common medical disorders, and adolescents with special health care needs.

Guidance Associates. ***How to develop self-confidence when you're not the fastest, the smartest, the prettiest or the funniest*** Mount Kisco, NY: Guidance Associates, 1988. 1 video, 42 minutes, VHS 1/2 inch
Contact: ETR Associates/Network Publications, P.O. Box 1830, Santa Cruz, CA. Telephone: (800) 321-4407. $129.00 plus 15 percent shipping and handling. No. 6837.

This videotape present live, dramatized vignettes of adolescent in situations where they must use independent thinking to make important decision. The scenarios include the stress of trying to please everyone, when adolescents don't live up up parents' expectations, and what can happen when adolescents are too dependent on others. It provides information on handling disappointment, making responsible decisions, and striving for personal goals. The Teacher's Guide provides a program summary and objectives; suggestions for follow-up activities; and reproducible work sheets, with questions for discussion and review.

Haas, M. B. (Ed.). ***The school nurse's source book of individualized healthcare plans: A compendium of I.H.P.s covering the most frequently encountered chronic and acute health issues*** North Branch, MN: Sunrise River Press, 1993. 453 pp.
Contact: Sunrise River Press, 11481 Kost Dam Road, North Branch, MN 55056. Telephone: (612) 583-3032 Fax (612) 583-2023. Price unknown.

This manual for school nurses provides specific and detailed directions for the formulation of Individualized Healthcare Plans (I.H.P.s) for forty of the most commonly encountered health issues in schools. Each section contains a review of pathophysiology related to the health problem and/or a description of current knowledge about the condition in children; a comprehensive list of history questions and assessment areas; a selection of pertinent NANDA approved nursing diagnoses; a selection of appropriate nursing and/or student goals; a full range of applicable nursing interventions; and a list of expected student outcomes. The manual includes chapters on using the nursing process and nursing diagnosis in the school setting, I.H.P.s, and chronic health conditions.

Hawton, K. ***Suicide and attempted suicide among children and adolescents*** Newbury Park, CA: Sage Publications, 1986. 159 pp. (Developmental clinical psychology and psychiatry, v. 5)
Contact: Sage Publications, P.O. Box 5084, Newbury Park, CA 91359. Telephone: (805) 499-0721 Fax (805) 499-0871. $12.95 paper, $25.00 cloth.

This book examines suicide and nonfatal suicide behavior. It discusses the nature, causes, and aftermath of child and adolescent suicide. It concentrates on the nature, contributory factors, motivational aspects of suicidal behavior and attempted suicide. Also discussed are the management of children and adolescents following suicide attempts, the outcome following suicide attempts, and the prevention of suicidal behavior.

Hofmann, A. D., and Greydanus, D. ***Adolescent medicine. (2nd edition)*** Norwalk, CT: Appelton and Lange, 1989. 63 pp.

Contact: Appelton and Lange, 25 Van Zent Street, Norwalk, CT 06855. Telephone: (800) 423-1359. $90.00 plus shipping and handling if invoiced for purchase. If a check is submitted at the time of purchase, shipping and handling costs are not charged.

This revised edition is written for primary health care professionals treating young people between the ages 10—21 years, but can be used as a reference book for school nurses, health educators, social workers, counselors, and psychologists. The book is written from an integrated perspective including biological, psychological, and sociological factors involved in the diagnosis and management of adolescent health needs. Of particular interest are the overview of growth and development in Western societies and the sections on sexually transmitted diseases; special adolescent health issues including chapters on the adolescent athlete, eating disorders, drug and alcohol abuse, and adolescents with special health needs; and psychosocial issues in adolescent medicine.

Joan, P. ***Preventing teenage suicide: The living alternative handbook*** New York, NY: Human Sciences Press, 1986. 153 pp.

This book was developed for educators and health care professionals working with junior and senior high school students. The book describes the Living Alternative program which was designed to provide adult facilitators with content information, teaching methodology, and visual aid suggestions for teaching a unit of four to five sessions on suicide and depression. The program goal is to stimulate thinking and to help students recognize, identify, and express their actual feelings about living. Suggested questions and role plays are included as tools to help adolescents express their feelings.

Katz-Leavy, J. W., Lourie, I. S., Stroul, B. A., and Zeigler-Dendy, C. ***Individualized services in a system of care*** Washington, D.C.: CASSP Technical Assistance Center, Georgetown University Child Development Center, 1992. 46 pp.
Contact: CASSP Technical Assistance Center, Georgetown University Child Development Center, 3800 Reservoir Road, N. W., Washington, DC 20007. Telephone: (202) 687-8635. $7.00; make check payable to Georgetown University Child Development Center.

This publication presents a case study about communities that made substantial progress toward developing comprehensive, coordinated, community-based systems of care for emotionally disturbed children and adolescents and their families. The report includes an overview of the philosophy and process in building individualized services in a system of care, a discussion of the issues involved in operationalizing individualized services, implementation examples, an evaluation of individualized services, and a discussion of the major strengths and challenges of individualized care. This publication is intended to serve as a resource for other states and communities as they approach the challenge of developing local systems of care for troubled children and adolescents and their families.

Latanick, M. R. ***Nutrition in health promotion: Behavioral and neurological disorders*** Columbus, OH: Department of Family Medicine, Ohio State University, 1985. 53 pp. (Nutrition in health promotion series number 24)
Contact: Department of Family Medicine, Nutrition in Primary Care, College of Medicine, The Ohio State University, 456 Clinic Drive, Columbus, OH 43210. Price unknown.

This teaching guide for physicians is meant to help the reader determine what role nutrition plays in the etiology and treatment of neurologic and behavioral disorders such as prenatal malnutrition, anorexia nervosa, bulimia, mental illness, depression, and hyperactivity. The objectives of this teaching module will enable to reader to discuss the impact of malnutrition on growth and behavior; identify women at risk for delivering small- for- gestational- age infants; outline the effects of diet on brain neurotransmitter levels; recognize the features of fetal alcohol syndrome; and describe the behavior syndromes of pre-menstrual syndrome, reactive hypoglycemia, attention deficit disorder, and schizophrenia and recommend appropriate nutritional programs.

Leenaars, A. A., and Wenckstern, S. (Eds.). ***Suicide prevention in schools*** New York, NY: Hemisphere Publishing Corporation, 1991. 268 pp.
Contact: Taylor and Francis Group, 1900 Frost Road, Suite 101, Briston, PA 19007-1598. Telephone: (800) 821-8312. $33.00 plus shipping and handling.

This book describes suicide intervention programs in both elementary and secondary schools. Chapters focus on cross-cultural factors in suicide rates, adolescent attitudes toward suicide, characteristics of suicide prevention education programs, and counseling suicidal students. A framework for evaluating suicide prevention programs is presented.

Levine, M. P. ***How schools can help combat student eating disorders: Anorexia nervosa and bulimia*** Washington, DC: National Education Association, 1987. 280 pp.
Contact: NEA Professional Library, P.O. Box 509, New Haven, CT 06516-4200. Telephone: (800) 229-4200. $8.95 plus shipping and handling.

This monograph organizes information that will enable and encourage school staff to prepare for the prevention of eating disorders via classroom instruction, improved detection and referral, and the professional development of school personnel. The book includes chapters on an overview of student eating disorders, anorexia nervosa, bulimia, the extent of eating disorders in high school students, the role of culture in the cause of eating disorders, the causes of anorexia nervosa, the causes of bulimia, and the role of school employees. The appendices contain a list of eating disorders organizations and suggested readings and films.

Litt, I. F. ***Evaluation of the adolescent patient*** Philadelphia, PA: Hanley and Belfus, 1990. 211 pp.
Contact: Hanley and Belfus, 210 South 13th Street, Philadelphia, PA 19107. Telephone: (215) 546-4995. $23.95.

This book was written and organized to assist health care professionals to a diagnosis based on information elicited from the adolescent. The book includes a discussion on the general aspects of adolescent health care, the medical evaluation, the medical history, growth and development, review of systems, and the physical examination. The final chapters are on special problems of adolescents and detail assessment of menstrual dysfunction, headaches, chest pain, short stature, eating disorders, compliance with medical regimens, contraceptive use, alleged rape, suspected drug abuse, depression, and sports participation. Appendices include sample statements from clinical assessment tools such as the Beck Depression Inventory, the Sanford Youth Clinic medical history form, and laboratory values specific for adolescents.

Maryland Interagency Workgroup on Youth Suicide Prevention. ***For a better tomorrow: A plan for youth suicide prevention in Maryland*** Annapolis, MD: Interagency Workgroup on Youth Suicide Prevention, 1990. 70 pp.
Contact: Henry Westray, Jr., State Coordinator for Youth Suicide Prevention, Annapolis, MD. Price unknown.

This report documents the progress made on the recommendations outlined by the Gubernational Task Force on youth suicide. It also outlines the activities conducted during 1988-1989 by the four committees: the Community Information and Resources Committee; the Cult Awareness Committee; At Risk Populations Committee; and the Grant Proposals/Research Program Evaluation Committee.

Middleton, K. ***Into adolescence: Communicating emotions*** Santa Cruz, CA: ETR Associates/Network Publications, 1989. 46 pp. (Contemporary health series)
Contact: ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone: (408) 438-4080. Curriculum unit $19.95; student workbook 1-9 copies, $2.95 each,10-99 copies $2.80 each, 100+ copies $2.65 each.

This seven-lesson curriculum focuses on providing fifth through eighth grade students with an understanding of the role of communication and to develop positive ways of expressing a range of emotions. Techniques are provided to safely express strong feelings, such as anger, fear, or frustration. The workbook is designed for classroom use, and includes worksheets, roleplays, and quizzes.

Missouri Department of Health, Division of Maternal, Child and Family Health. ***Adolescent health status report: Missouri 1996—Missouri adolescents: How healthy are they?*** Jefferson City, MO: Division of Maternal, Child and Family Health, Missouri Department of Health, 1996. ca. 100 pp.
Contact: Division of Maternal, Child and Family Health, Missouri Department of Health, P.O. Box 570, Jefferson City, MO 65102-0570. Telephone: (573) 751-6215 / Fax (573) 526-5348. Available at no charge.

This report incorporates data derived from the 1995 Youth Risk Behavior Survey which was voluntarily completed by 4,900 Missouri public high school students to determine the status of their health. The report includes an executive summary, provides an overview of the study, and assesses the risk taking behavior of the students. The report includes fact sheets on: unintentional injuries, violence, chronic illness and disability, tobacco use, substance abuse, adolescent pregnancy, HIV and sexually transmitted diseases, mental health and intentional injuries, dental health, fitness and nutrition, juvenile justice, education and employment, and access to health care. It also recommends a plan of action for future health promotion activities and health services; the report was funded in part by the Maternal and Child Health Block Grant and the Missouri Department of Health, Division of Maternal, Child and Family Health.

National Rural Health Association. ***Rural mental health and substance abuse resources directory.*** Kansas City, MO: National Rural Health Association, 1993. 58 pp.
Contact: National Rural Health Association, 301 East Armour Boulevard, Suite 420, Kansas City, MO 64111. $5.00; prepayment required.

This directory lists agencies and organizations concerned with mental health and substance abuse programs for rural populations. The entries are broken down into categories for federal agencies, national organizations, regional organizations (federally funded), state agencies and organizations, rural health research centers (federally funded), area health education centers (AHECs) and Health Education Training Centers (HETCs), and foundations. The co-chairmen of the Senate Rural Health Care Caucus and the House Rural Health Care Coalition are also listed.

Petersen, A. C., Compas, B. E., and Brooks-Gunn, J. ***Depression in adolescence: Current knowledge, research directions, and implications for programs and policy*** Washington, DC: Carnegie Council on Adolescent Development, Carnegie Corporation of New York, 1992. 74 pp. (Working Paper Series)
Contact: Carnegie Council on Adolescent Development, Carnegie Corporation of New York, 2400 N Street, N.W., Washington, DC 20037. Telephone: (202) 429-7979. Price unknown.

This working paper integrates the current research addressing adolescent depression. It contains a discussion of who becomes depressed; related disorders and problems; risk and protective factors; treatment, prevention, and integrating treatment and prevention efforts; and implications for research, program, and national policy.

Petersen, D. J., and Gardner, M. L. ***Handbook on adolescent health: An informational resource for staff of juvenile service agencies*** Baltimore, MD: 1989. 121 pp.
Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street North, Suite 701, Arlington, VA 22201. Telephone: (703) 524-7802 (703) 792-0668.

This manual has been designed to provide basic information on the issues and health conditions of adolescence which are particularly significant for the youth offender population. Units on AIDS, allergies, depression, suicide, infections, and substance abuse are included. Each unit contains basic information, discussion questions, a quiz on key points, and ideas for the use of the information. The appendices include a glossary and a list of community resources. [MCH SPRANS]

Pires, S. A., Stroul, B. A., Roebuck, L., Friedman, R. M., McDonald, B. B., and Chambers, K. L. . ***Health care reform tracking project: Tracking state health care reforms as they affect children and adolescents with emotional disorders and their families—The 1995***

state survey Tampa, FL: Research and Training Center for Children's Mental Health, Florida Mental Health Institute, University of South Florida, 1995. 87 pp.
Contact: Maryann Kershaw, Research and Training Center for Children's Mental Health, Florida Mental Health Institute, University of South Florida, 13301 Bruce B. Downs Boulevard, Tampa, FL 33612-3899. Telephone: (813) 974-6419 / Fax (813) 974-7376 / Email kershaw@hal.fmhi.usf.edu. $10.00 single copy; $5.00 per copy if you order 10 copies or more; shipping and handling included.

This report describes the results of the Year One baseline survey of states that tracked and analyzed state health care reform initiatives as they affect children and adolescents with emotional/behavioral disorders and their families. Many tables and matrices document the findings. Topics covered are: populations affected; mental health carve outs; capitation; risk adjustment; entities used to manage and provide services; management and monitoring mechanisms; outcomes; technical assistance materials; and observations and issues raised. Appendices include the survey instrument and a list of technical assistance materials available from states related to managed care.

Pitcher, G. D., and Poland, S. ***Crisis intervention in the schools*** New York, NY: Guilford Press, 1992. 246 pp. (Guilford school practitioner series)
Contact: Guilford Press, 72 Spring Street, New York, NY 10012. Telephone: (800) 365-7006 (212) 431-9800. $25.00 plus $3.50 shipping and handling.

This book is a practical handbook for individuals working in the schools, providing straightforward guidelines for crisis intervention and prevention techniques that are designed specifically for the school setting. Covering individual child-centered crises such as abuse, divorce, family violence, and suicide, as well as larger school or community-based crises such as serious bus accidents, in-school violence, and natural disasters, the book features case studies and personal reactions from all levels of school personnel. It also includes sample handouts for parents, students, and teachers, lists of community networking resources, and sample 'to-do' lists for every potential member of a crisis team.

Poland, S. ***Suicide intervention in the schools*** New York, NY: Guilford Press, 1989. 213 pp.
Contact: Guilford Press, 72 Spring Street, New York, NY 10012. Telephone: (212) 431-9800. $18.95 paper, $40.00 hardcover; plus $3.50 shipping and handling.

This book highlights many theoretical and practical aspects of adolescent suicide and program development in school systems. The book was written by a school psychologist with personal experience in implementing a suicide prevention program in a Texas school district. Among the unique features are chapters devoted to forces and factors in adolescent suicide; curriculum for the classroom and the role of the educator in suicide prevention; case studies; listing of available resources; suggestions for dealing with the media; and tools for program development and suicide risk assessments.

Resnick, W. M. ***The manual for affective disorder support groups*** Baltimore, MD: The Depression and Related Affective Disorders Association, 1988. 73 pp.
Contact: Wendy Resnick, R.N., M.S., The Depression and Related Affective Disorders Association, Johns Hopkins Hospital, 600 North Wolfe Street, Meyer 3-104, Baltimore, MD 21205. Telephone: (410) 955-4647.

This manual provides an organizational framework for developing an affective disorder support group. The manual's three sections focus on the group, the leader, and the meeting. The appendix includes sample press releases, information on writing a grant application, selected lists of resources, and other useful items. This manual contains much practical information that should be beneficial to anyone wishing to organize and maintain a support group.

Ross, J. W. ***Black adolescent male health: A bibliography, 1987-1991*** Columbia, SC: College of Social Work, University of South Carolina, 1992. 45 pp.
Contact: Lauretha Whaley, College of Social Work, University of South Carolina, Columbia, SC, 29208. Telephone: (803) 777-9408. $5.00.

This bibliography will help social workers, medical professionals, and others who plan programs for, and work with, black youth. The bibliography includes books and book chapters, articles from professional journals and major newspapers, and materials from government reports. Chapters cover background and general material; homicide, suicide, and other violence; interventions; mental health; poverty and related social issues; sexually transmitted diseases; substance abuse; and adolescent parenthood and early sexual activity. [MCH SPRANS]

Rotheram-Borus, M. J. ***Suicide prevention among runaway youth.*** New York: Division of Child Psychiatry, College of Physicians and Surgeons, Columbia University, 1990. ca. 150 pp.
Contact: National Technical Information Service, 5285 Port Royal Road, Springfield, VA 22161. Telephone: (703) 487-4650. Price unknown.

This report consists of several different publications resulting from a project in preventing suicide among adolescents, particularly runaways. A training manual, intended for staff at runaway shelters, provides guidelines for assessing suicide risk among adolescent clients. A treatment manual for psychotherapists describes the technique of cognitive behavior therapy with adolescent suicide attempters. An article assesses the prevalence of suicide behavior among runaways and gay and bisexual male adolescents. The project was funded by a grant from the Administration on Children, Youth and Families, U.S. Department of Health and Human Services.

Strasburger, V. C., and Brown, R. T. ***Adolescent medicine: A practical guide.*** Boston, MA: Little, Brown and Company, 1991. 569 pp.
Contact: Little, Brown and Company, 34 Beacon Street, Boston, MA 02108-1493. Telephone: (800) 759-0190 Fax (617) 890-0875. $46.50 plus approximately $4.50 shipping and handling.

This manual provides information on communication, diagnosis, and therapy for adolescent patients. The authors emphasize the role of the caregiver as a sensitive counselor when interacting with adolescent patients. It is a straightforward and practical reference which presents a review of the most commonly encountered adolescent issues, including: growth and development, sports medicine, chronic illness and disability, substance abuse, sexuality, common medical complaints, adolescent psychosocial concerns such as suicide, depression and eating disorders. Book is illustrated with photographs, line drawings, charts, tables, and graphs.

Tetlin, P. ***Reflections of risk: Growing up female in Minnesota.*** Minneapolis, MN: Minnesota Women's Fund, 1992. 65 pp.
Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536 Telephone: (703) 821-8955, Fax (703) 821-2098. Available at no charge.

This report describes the result of the Minnesota Adolescent Health Survey which concludes that a large proportion of young people are at high risk for emotional, social, and health-related problems, ranging from alcohol and drug abuse to unintended pregnancy and suicide. Female adolescents appear to be at risk for more stress than boys. Topics covered in the report are gender comparisons of survey data, associations between risk and life experiences, and the role of society.

U.S. Department of Health and Human Services, Office of Inspector General. ***Youth and alcohol: Dangerous and deadly consequences.*** Washington, DC: Office of Inspector General, U.S. Department of Health and Human Services, 1992. 30 pp.
Contact: Office of the Inspector General, U.S. Department of Health and Human Services, 330 Independence Avenue, S.W., Washington, DC 20201. Telephone: (202) 619-3148. Available at no charge. OEI-09-92-00261.

This report provides information on the negative consequences of youth alcohol use. The report is based on a review of medical, legal, psychological, and other social research studies and surveys. It discusses research findings on the relationship between underage drinking and crime, rape and sexual assault, risky sexual behavior, suicide, water-related injuries and drowning, and campus-related problems. This report is one in a series prepared by the Office of Inspector General related to youth and alcohol. A related report, *Youth and Alcohol: Drinking and Crime*, describes the association between alcohol and youth crime.

U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, Depression Guideline Panel. ***Depression in primary care*** Rockville, MD: Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, 1993. 2 vols. (Clinical practice guideline number 5)
Contact: AHCPR Clearinghouse, Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, P.O. Box 8547, Silver Spring, MD 20907. Telephone: (800) 358-9295 (301) 495-3453. Price unknown. AHCPR Pub. No. 93-0550.

This book presents guidance for health professionals in all aspects of caring for persons with depressive disorders. Volume 1 addresses detection and diagnosis, with an overview of mood disorders, and guidelines on diagnosis. Volume 2 contains guidelines for treatment of major depression with medication or psychotherapy or both, briefly discussion electroconvulsive therapy (ECT) as well. There is an extensive bibliography, a list of acronyms, and a glossary in each volume.

U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, Depression Guideline Panel. ***Depression in primary care: Detection, diagnosis, and treatment*** Rockville, MD: Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, 1993. 20 pp. (Quick reference guide for clinicians number 5)
Contact: AHCPR Clearinghouse, Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, P.O. Box 8547, Silver Spring, MD 20907. Telephone: (800) 358-9295 (301) 495-3453. Price unknown. AHCPR Pub. No. 93-0552.

This pamphlet summarizes for health care practitioners the information contained in the guideline from the Agency for Health Care Policy and Research on depressive disorders, entitled Depression in Primary Care, Vols. 1 and 2. It covers briefly the same issues of detection, diagnosis and treatment regimens, including psychotherapy, medication, and the combination of both. Algorithms for diagnosis and treatment are included.

U.S. Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, Depression Guideline Panel. ***Depression is a treatable illness: A patient's guide*** Rockville, MD: Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, 1993. 33 pp.
Contact: AHCPR Clearinghouse, Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, P.O. Box 8547, Silver Spring, MD 20907. Telephone: (800) 358-9295 (301) 495-3453. Price unknown. AHCPR Pub. No. 93-0553.

This pamphlet summarizes for patients with depressive disorders the information contained in the guideline from the Agency for Health Care Policy and Research, entitled *Depression in Primary Care*, Volumes 1 and 2. It covers briefly the same issues of detection, diagnosis and treatment, including medication, psychotherapy or a combination of both. A list of organizations that can provide help is included, as is a glossary.

U.S. Department of Health and Human Services, Public Health Service, Alcohol, Drug Abuse, and Mental Health Administration, National Institute of Mental Health. ***Implementation of the National Plan for Research on Child and Adolescent Mental Disorders: Program announcement*** Rockville, MD: National Institute of Mental Health, U.S. Department of Health and Human Services, 1991. 31 pp.
Contact: National Institute of Mental Health, U.S. Department of Health and Human Services, Parklawn Building, 5600 Fishers Lane, Rockville, MD 20857. Available at no charge. DHHS PA-91-46.

This program announcement brochure outlines the research needs of the National Plan for Research on Child and Adolescent Mental Disorders, developed in response to congressional request. The National Institute of Mental Health (NIMH) seeks to expand the full spectrum of research related to child and adolescent mental disorders. The announcement stipulates four types of research awards:

regular research grants, small grants, program project grants, and First Independent Research Support and Transition Award. Application procedures and program contacts at NIMH are included.

U.S. Department of Health and Human Services, Public Health Service, Alcohol, Drug Abuse, and Mental Health Administration, National Institute of Mental Health. ***National plan for research on child and adolescent mental disorders: A report requested by the U.S. Congress*** Rockville, MD: National Institute of Mental Health, U.S. Department of Health and Human Services, 1990. 64 pp.
Contact: Information Resources and Inquiries Branch, Office of Scientific Information, National Institute of Mental Health, Room 15C-05, 5600 Fishers Lane, Rockville, MD 20857. Single copies at no charge. DHHS ADM-90-1683.

In response to a request by the Committees on Appropriations of the U.S. Senate and the U.S. House of Representatives, the National Advisory Mental Health Council submitted this plan, which addresses the status of research concerning mental disorders in young Americans and the steps that must be taken to free this nation's youth of the burdens of mental illness. This publication addresses the dimensions of mental disorders in youth; the causes and determinants; interventions for child and adolescent mental disorders; service delivery and systems of care; capacity building; research dissemination and advocacy for child and adolescent mental health; and the council's recommendations for conquering the mental disorders that afflict young people. These recommendations include stimulating a wide range of basic and clinical research; developing rewarding careers in child and adolescent mental health research; and providing the leadership and coordination required to sustain and accelerate the momentum of research progress and its applications in treatment and prevention.

U.S. Department of Health and Human Services, Public Health Service, Centers for Disease Control. ***Youth suicide prevention programs: A resource guide*** Atlanta, GA: Centers for Disease Control, U.S. Department of Health and Human Services, 1992. 190 pp.
Contact: Epidemiology Branch, National Center for Injury Prevention and Control, Centers for Disease Control, 1600 Clifton Road, Atlanta, GA 30333. Telephone: (404) 488-4646. Available at no charge.

This guide reviews various types of adolescent suicide prevention programs such as gatekeeper training, peer support projects, crisis centers and hotlines, and screening programs. It also includes descriptions of intervention strategies to be used afterr a suicide has taken place. Lists and descriptions of specific suicide prevention programs are included as appendices.

U.S. Department of Health and Human Services, Public Health Service, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. ***Caring for Every Child's Mental Health: Communities Together Campaign. [Information packet]*** Rockville, MD: Center for Mental Health Services, U.S. Department of Health and Human Services, [1996]. 26 items.
Contact: Center for Mental Health Services, U.S. Department of Health and Human Services, 5600 Fishers Lane, Room 13-103, Rockville, MD 20857. Telephone: (301) 443-2792. Available at no charge.

This information packet contains materials describing the public education initiative, Caring for Every Child's Mental Health: Communities Together Campaign, promotional materials about the campaign, camera-ready copy promoting the recognition of mental health problems and the campaign itself, and fact sheets. One describes the campaign; one includes a glossary; others provide overviews of these topics: child and adolescent mental health; mental, emotional, and behavior disorders; attention deficit and hyperactivity disorders; autism; conduct disorders; anxiety disorders; depression; and family interactions and how they can affect mental, emotional, and behavior disorders. Still other fact sheets describe systems of care, comprehensive community services, and the provision of culturally competent services.

University of California at Los Angeles, Department of Psychology, School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance. ***Addressing barriers to***

learning Los Angeles, CA: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, University of California at Los Angeles, 1996. quarterly. (Introductory packets on key topics)
Contact: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, Department of Psychology, University of California at Los Angeles, 405 Hilgard Avenue, Los Angeles, CA 90024-1563. Telephone: (310) 825-1225 / Email smhp@ucla.edu. Price unknown.

This newsletter is addressed to policy makers, school administrators, educators, parents, and others interested in minimizing psychosocial problems for children and adolescents in the school environment and in enhancing their social and emotional development. In an effort to improve the delivery of school-based or school-linked mental health services and to reduce the barriers students encounter in the school environment, the newsletter covers ways to enhance the roles and capabilities of practitioners, to facilitate the reform of current school services, and to build and maintain an infrastructure for training, support, and continuing education.

University of California at Los Angeles, Department of Psychology, School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance. ***Collaborative teams, cross-disciplinary training, and interprofessional education*** Los Angeles, CA: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, University of California at Los Angeles, 1996. 25 pp. (Introductory packets on key topics)
Contact: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, Department of Psychology, University of California at Los Angeles, 405 Hilgard Avenue, 90024-1563. Telephone: (310) 825-13634 / Fax (310) 206-8716 / Email smhp@ucla.edu. Price unknown.

This packet contains resource and educational materials related to developing collaborative or multidisciplinary teams in school-based or school-linked mental health services for children and adolescents. The packet provides an overview of basic resource materials including a selective bibliography, examples of model programs and guidelines, a list of Internet resources; and it provides a copy of an article, "Upgrading School Support Program through Collaboration: Resource Coordinating Teams." [Funded in part by the Maternal and Child Health Bureau]

University of California at Los Angeles, Department of Psychology, School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance. ***Evaluation and accountability: Getting credit for all you do*** Los Angeles, CA: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, University of California at Los Angeles, 1996. 15 pp. (Introductory packets on key topics)
Contact: School Mental Health Project/Center for Mental Health in Schools: Training and Technical Assistance, Department of Psychology, University of California at Los Angeles, 405 Hilgard Avenue, 90024-1563. Telephone: (310) 825-3634 / Fax (310) 206-8716 / Email smhp@ucla.edu. $3.50.

This packet contains various information and educational materials on evaluating or assuring the accountability of school-based or school-linked mental health services for children and adolescents. It include short bibliography on the rationale for this process and specific topics associated with it, descriptions of organizations and experts in the field, and background articles on evaluating mental health in schools, assessing outcomes, and the use of structured assessment tools. [Funded in part by the Maternal and Child Health Bureau]

University of Minnesota, Minnesota Extension Service. ***Teens in distress*** Saint Paul, MN: Minnesota Extension Service, University of Minnesota, 1986. 11 items.
Contact: Joyce Walker, 4-H Youth Development, University of Minnesota, 1420 Eckles Street, 340 Coffey Hall, Saint Paul, MN 55108. Telephone: (612) 625-2701. Price unknown.

This kit was prepared by the Minnesota Extension Service, 4-H Youth Development and contains materials developed for the Teens In Distress program. The kit includes preliminary findings of the survey, *Stress, Depression and Suicide: A Study of Adolescents* in Minnesota, conducted by the 4–H Youth Development and the University of Minnesota, School of Medicine; program information; 4–H

organization information; and five fact sheets. Titles of the fact sheets include: *Teen Suicide*, *Helping Friends in Trouble*, *Supporting Distressed Young People*, *Adolescent Stress and Depression*, and *Supporting Young People Following a Suicide*.

Valdez, D. M., and Vargas L. A. (Eds.). ***Treatment issues with Hispanic children.*** Hispanic Journal of Behavioral Sciences. 16(1): 1-89. February 1994.
Contact: Sage Publications, P.O. Box 5084, Thousand Oaks, CA 91359. Telephone: (805) 499-0721 / Fax (805) 499-0871. $15.00 plus $2.00 shipping and handling. Order no. 251061.

This special issue focuses on specific factors that affect the treatment of Hispanic American children and adolescents by behavioral scientists and mental health professionals. The issue includes an introduction and five articles written by individual authors or groups of authors covering the following topics: the implications of the "Diagnostic and Statistical Manual of Mental Disorders," 4th edition, to Hispanic children and adolescents, perceptions of mental health providers that affect their evaluation of their Hispanic patients, providing training in culturally sensitive supervision techniques, clinical issues relating to treating Chicano gang members, and assuring training in cultural sensitivity for students currently in schools of behavioral science.

Vidal, J. A. ***Student suicide: A guide for intervention.*** Washington, DC: National Education Association, 1989. 56 pp.
Contact: NEA Professional Library, P.O. Box 509, New Haven, CT 06516-4200. Telephone: (800) 229-4200. $8.95 plus shipping and handling.

This monograph is designed to provide teachers, counselors, administrators, and other school staff members with a simple and practical guide to becoming 'response-ready' when dealing with suicide. Based on the program and experience of a high school in Golden, Colorado, the publication examines the role of the schools, the crisis team approach to suicide, contingency plans, mistakes to avoid, and ways teachers can help. The appendices contain suicide signs and signals, myths of suicide, staff and crisis team training outlines, a suicide prevention pamphlet, a sample suicide intervention form for schools, and a list of resources and references.

Wodarski, J.S., and Wodarski, L.A. ***Curriculums and practical aspects of implementation: Preventive health services for adolescents.*** Lanham, MD: University Press of America, 1993. 442 pp.
Contact: University Press of America, 4720 Boston Way, Lanham, MD 20706. Telephone: (800) 462-6420 (301) 459-3366. $58.50 plus $3.00 shipping and handling; prepayment required. Make checks payable to University Press of America.

This book provides curricula plans and implementation guidelines for several preventive health services for adolescents. The curricula provided are for sexuality education; psychoactive substance use education by the Teams-Games-Tournament method; anger control by the same method; coping with depression and suicide; nutrition education; employment preparation for adolescents with developmental disabilities; and family intervention.

Woolraich, M. L., Felice, M. E., and Drotar, D. (Eds.). ***The classification of child and adolescent mental diagnoses in primary care: Diagnostic and statistical manual for primary care (DSM-PC) child and adolescent version.*** Evanston, IL: American Academy of Pediatrics, 1996. 380 pp.
Contact: Publications Department, American Academy of Pediatrics, P. O. Box 927, Elk Grove Village, IL 60009-0927. Telephone: (800) 433-9016 / (847) 228-5005 / Fax (847) 228-1281. $39.95 plus $6.95 shipping and handling; prepayment required. ISBN 0-910761-71-X; item no. MA0087.

This manual classifies emotional and behavioral problems in children and adolescents; it assists pediatricians providing primary care in describing and classifying observed symptoms. The manual is divided in two sections, environmental situations and child manifestations. The first section covers the reactions of children and adolescents to stressful events clustered in 12 topical areas; the second section groups the manifestations into 29 behavioral symptoms. In this section detailed symptoms are

described with reference to infancy, early and middle childhood, and adolescence. To simplify the use of the manual, it includes a diagnosis list, diagnostic vignettes, presenting complaints, and "Diagnostic and Statistical Manual IV" (DSM-IV) criteria.

Zevin, D. ***Into adolescence: Enhancing self-esteem.*** Santa Cruz, CA: ETR Associates/Network Publications, 1989. 30 pp. (Contemporary health series)
Contact: ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone: (408) 438-4080. Curriculum unit $19.95; student workbook 1-9 copies, $2.95 each,10-99 copies $2.80 each, 100+ copies $2.65 each.

This ten-lesson curriculum focuses on providing fifth through eighth grade students skills to improve their attitude about school and feel better about themselves. Skill-building activities help students set and meet goals of fitness, personal growth, and academic achievement. The workbook is designed for classroom use, and includes worksheets, roleplays, and quizzes.